| Jobsite: | Date: |
|----------|-------|
| Foreman: | G.C   |

## **Foot Protection**

- While foot protection may not be your primary concern on the jobsite, potential foot hazards are present on the job everyday. Workers must protect their feet from these potential hazards.
- Toolbox Talks for the Sheet Metal Industry Potential foot hazards include:

SMOHIT Safety Sense

- dropping tools, materials or equipment on your feet
- setting down heavy objects on your feet
- materials rolling over your feet
- objects with wheels (e.g., vehicles, scaffolds) rolling over your feet
- stepping on nails, screws or other sharp objects.
- Do not attempt to carry objects that are too heavy for one person. Ask co-workers for help. When carrying or moving a heavy object, communicate with you co-workers and keep your feet clear when setting the object down.
- When moving material or just walking on the job, keep a clear path and your eyes open so you don't trip or step on things in the way.
- When stacking materials, make sure the stack is secured properly so materials do not fall off the stack and onto your feet.
- Be alert when working around vehicles, mobile scaffolds or any heavy machinery with wheels and keep your feet clear of paths of travel.
- Clean up any packing trash right away. Bend over nails so nobody steps on them.
- Always wear protective footwear on the job. A safe working shoe has a thick sole with good traction and a steel toe. Thick soles reduce the chance of foot punctures and steel toes could prevent broken bones or amputation if something heavy does fall on your foot. Boots help protect the ankle from strains and twists.
  - Wear guards over your steel-toed boots or shoes when working around beauty objects that could fall on your foot

## **Instructor Tips**

- Inspect workers' shoes and make sure the proper footwear is being worn.
- Drop a heavy object on a shoe and point out the deflection to emphasize the value of safe work shoes.

| Name | Init. | Name | Init. |
|------|-------|------|-------|
| 1.   |       | 13.  |       |
| 2.   |       | 14.  |       |
| 3.   |       | 15.  |       |
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| 11.  |       | 23.  |       |
| 12.  |       | 24.  |       |

OSHA Regulations: 1910.136