

Job site: _____
 Foreman: _____

Date: _____
 G.C. _____

SMOHIT Safety Sense Toolbox Talks for the Sheet Metal Industry	<h3>Fiberglass</h3> <ul style="list-style-type: none"> Fiberglass is a manmade fiber and is one of the most widely used materials in the construction industry. Fiberglass is used in materials such as ductboard, sound lining, pipe insulation, and stud wall insulation. Fiberglass is safer to work with than asbestos because the body is able to break down and remove fiberglass fibers better than asbestos fibers because fiberglass does not tend to break down into smaller fibers, as asbestos is known to do. While fiberglass is safer than asbestos, certain safety precautions should still be taken when working with fiberglass. Inhalation of excessive amounts of fiberglass may lead to upper respiratory tract irritation or congestion. Use an appropriate respirator when respiratory protection is required. Fiberglass can be irritating to the skin. Wear long-sleeved clothing and gloves while working with fiberglass. Washing skin with soap and water can relieve the irritation, but minimizing contact with fiberglass dust can prevent it altogether. Fiberglass can also irritate the eyes. When working with fiberglass, always use goggles or safety glasses with wide shields. If your eyes become irritated by fiberglass, flush them with water. Do not rub your eyes. Another way to reduce exposure to airborne fiberglass particles is to minimize the amount of dust in the work area. Increase ventilation, clean up scraps, and use a filtered vacuum or wet method of sweeping. To avoid take-home exposure to fiberglass, clothing worn while working with fiberglass should be removed and washed separately from other clothing. The washing machine should be rinsed thoroughly after the exposed clothing has been washed. 	<h3>Instructor Tips</h3> <ul style="list-style-type: none"> Ask workers to name some of the places where fiberglass may be used on the job site.
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