

Job site: \_\_\_\_\_  
Foreman: \_\_\_\_\_

Date: \_\_\_\_\_  
G.C. \_\_\_\_\_

<b>SMOHIT Safety Sense</b> Toolbox Talks for the Sheet Metal Industry	<b>Defensive Driving</b>		<b>Instructor Tips</b>	
	<ul style="list-style-type: none"> <li>Driving is a task that requires a skilled person who is safety-conscious, has sufficient knowledge of driving safety issues, and has the ability to make quick decisions.</li> <li>Unfortunately, there will always be unskilled drivers on the road. To compensate for other's inabilities, you must develop good driving skills and learn to drive defensively.</li> <li>Avoid "Road Rage." A patient driver is a safe driver.</li> <li>A good driver must not only be in charge of his own vehicle—he must also be aware of his surroundings, including other cars on the road, at all times. Using mirrors correctly can help greatly.</li> <li>Safe driving is a full time job. There is no time for day dreaming, talking on a cell phone, focusing on the radio, or trying to eat. Your attention must be on driving at all times so that you can see what is happening and react in a timely manner.</li> <li>Keep in mind that heavier vehicles take longer to stop than lighter vehicles. It will take a truck filled with materials and equipment longer to stop than the same empty truck going at the same speed.</li> <li>Maintain a safe driving distance from other cars on the road. A good way to maintain a safe driving distance is to follow the "two second rule." Increase your distance by one or two seconds in bad weather.</li> <li>Look ahead while driving to increase your chances of avoiding an accident by recognizing accident-causing factors, such as another driver:               <ul style="list-style-type: none"> <li>speeding or passing aggressively,</li> <li>running a red light or a stop sign,</li> <li>pulling into moving traffic,</li> <li>stopping suddenly ahead of you, or</li> <li>swerving to avoid an upcoming obstacle.</li> </ul> </li> <li>Always obey traffic laws—they are there for your protection, and disregarding traffic laws puts you and other people on the road at risk.</li> </ul>		<ul style="list-style-type: none"> <li><b>Explain "two second rule" to workers. (When the vehicle ahead of you passes a fixed object, start counting, "one thousand and one, one thousand and two." If you have reached the fixed object before "two," you are following too closely. If this is the case, slow down to create the two-second space.)</b></li> <li><b>Remind workers to give themselves enough time to make their trip to avoid speeding and careless driving.</b></li> </ul>	
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